

Counseling cell

Composition:

Three Teachers

Convener – Ms. Chitra Kelkar

Member – Dr. Charlotte Briganza

Ms. Swati Maurya

Objectives:

- To act as a support system in the college for the students having behavioral, emotional, academic and relational problems.
- To provide stimulating environment for personality development of the students.

Counseling cell of the college functions as the first point of contact for students having behavioral, emotional, academic and relational problems. The mentor teacher or any other teaching faculty can refer the student to the counseling cell as and when the faculty has identified such a need for intervention. The student can also approach the counseling cell on their own. The teachers in the counseling cell will provide an empathetic and non- judgmental listening to the student and plan the interventions for betterment. The convener of the cell Ms. Chitra Kelkar is doing professional counseling for last 18 years. She brings her expertise to the cell.

If the need is felt for some specialized services as Psychiatric or special education intervention then referrals are also suggested to the student. In this case the parents of the students are also informed by the counseling cell after notifying the same to the Principal

Counseling cell undertakes activities as displaying motivating quotes, conducting life skill management workshops in the area of self - awareness (My life My Way) and relationship management (My Life- My Relationships), arranging talks for parents, providing guidance for handling exam stress etc.